Christmas Lamb Ribs "Pinnekjøtt"

Servings	Preparation Time	Meat soaked in water	Cooking Time	Oven Temperature			
4+	10	24	180	Max Grill Mode			
People	minutes	hours	minutes	Celsius/Fahrenheit			
In Norway, we celebrate Christmas 24th of December. That's when we share Christmas presents, and gather the							
family for a round of traditional meals. The traditional Christmas dinner varies around the country. Around our							
capital Oslo they would serve a pork rib, in southern Norway, boiled cod would be on the table. But in this recipe, I							
will show you the most common one to serve in the west part of Norway. Both of my parents were born in that area,							
and they brought their traditions into my life. The dry salted lamb ribs served with perfect sides. For me, there is no							
Christmas without its smell in the house.							
Ingredients							

European Measurements	US Measurements
400g salted and dried lamb ribs	1 lb. salted and dried lamb ribs
per person.	per person
Water	Water
Potatoes	Potatoes
Yellow Rutabaga Mash	Yellow Rutabaga Mash

Directions

- 1. Soak the lamb ribs in water for 24 hours.
- 2. Add birch sticks (4 layers) to the bottom of a large casserole pot.
- 3. Add meat on top of the birch sticks
- Add water until you almost reach the middle of the birch sticks. Steam the lamb for 3 hours, but remember to check every 20 minutes. Add water so the bottom of the casserole doesn't burn. (Traditionally we'd use sticks of birch in the bottom of a large casserole pot, but if you have a steam function pot or oven, that works as well.)
- 5. When 2 and a half hour has passed, start boiling potatoes, and make yellow rutabaga mash.
- 6. As potatoes and Yellow Rutabaga Mash are finished, you only need to finish the lamb ribs.
- 7. Place meat on a cooking grate.
- 8. Get them into the oven in grill mode. 3 minutes on each side of the meat.
- 9. Serve hot with potatoes, yellow rutabaga mash, and lamb ribs.
- 10. You should add melted butter on top of everything.

You could find out more about this recipe and a video on how to make it at <u>http://www.chefnorway.com</u>.



Christmas Lamb Ribs

"Yellow rutabaga mash."

Servings	Preparation Time	-	Cooking Time	-		
4+	10	-	25	-		
People	minutes		minutes	-		
The yellow rutabaga m <mark>ash is very common</mark> together with Christmas Lamb Ribs.						

Ingredients

European Measurements	US Measurements	
800g yellow rutabaga	2 lb. yellow rutabaga	
2 carrots	2 carrots	
2 potatoes	2 potatoes	
1 dl. heavy cream	½ cup heavy cream	
0.5 dl. lamb rib stock	¼ cup lamb rib stock	
½ tsp. pepper	½ tsp. pepper	
½ tsp. nutmeg	½ tsp. nutmeg	
½ tsp. salt	½ tsp. salt	

Directions

- 1. Peel and cut rutabaga, carrots, and potatoes
- 2. Add them to a casserole pot and fill it up with water.
- 3. Boil everything until they are soft enough to be mashed.
- 4. Pre-measure heavy cream and spices. Also, pour 1/4 cup stock from the pot you steamed lamb ribs.
- 5. Mash with a potato masher, or a hand blender.
- 6. Add heavy cream, stock, and spices.
- 7. Stir until you have a smooth like consistency.

There are lots of delicious Christmas recipes on the website with a video showing how to make every recipe. (Click to view)



