



Braided Kringle

You've got to understand that Norwegians live for sweet rolls. Our local gas stations tempt us with a new version every month. Making them better and more fresh than ever. I don't think you can understand until you visit Norway. I don't know if you have ever heard the word Kringle, but it's more of a roll cake. We use the same roll recipe, but we'll add Homemade Vanilla Cream, and I will teach you how to make it look fantastic. You have to make vanilla cream the evening before or early morning before you start this. Or go to the store and buy some, but that will never taste as good!

Servings: 1 cake

Preparation time:

60 minutes

Baking time: 15-17 minutes

Total time: 2 hours

Baking Temperature:

200o Celcius

Measurements

500g white flour

2 tbsp. cardamom

75g sugar

3 dl. milk

50g yeast

75g butter

100g raisins

Homemade Vanilla Cream

Directions

- 👉 Start by melting butter in a small casserole pot.
- 👉 When melted add in the milk and heat up to approximately 37-40°C (100-110°F) + (2 minutes should do it)
- 👉 Add flour, cardamom, sugar and yeast to a mixer bowl.
- 👉 Pour in the butter and milk mixture.
- 👉 Use the “hook” tool and start the mixer at low speed for 2 minutes.
- 👉 Continue mixing at full speed for another 7 minutes.
- 👉 Add more flour if the dough gets too sticky.
- 👉 Leave it in the mixer bowl to rest for 15 minutes. Cover bowl with plastic, or a “kitchen” towel
- 👉 Flatten out the dough with a rolling pin. 40cmx20cm (16”x8”) in size.
- 👉 Add one line of Homemade Vanilla Cream, and try to fold the dough around it.
- 👉 Place it on a baking sheet with a baking paper. Place it in the shape of the letter U.
- 👉 Turn baking plate with ends of the “U” towards you, and use a scissor to cut 4 cm (1.5”) cuts into the pastry. Move the cuts to each side, and continue all around the pastry. You will then have a nice braided look then.
- 👉 Brush the pastry with the egg and water mixture. I also like to add pearl sugar to the top. Let the pastry raise for about 30 minutes in a hot place.
- 👉 Quickly get the pastry into the oven. It needs about 17 minutes to bake. When the color is golden brown, it is done!
- 👉 Try to eat within 2 hours, because it will lose its freshness quickly!
- 👉 I sometimes add a border of sugar icing, but that is all up to you!

